

Susana dos Santos Costa

Master's degree in Clinical Psychology by the Instituto Superior de Psicologia Aplicada (2010), degree in Clinical Psychology in 1998 (ISPA).

Research Assistant in EAAD project II (2008)-action pilot project in the area of depression and suicide prevention based on the formation of 100 family doctors of primary health care in the region of Oeiras and Cascais as well as a few dozen nurses, municipal police, social workers and caregivers for the elderly. A public campaign, with the support of the Municipalities of Cascais and Oeiras, with distribution of thousands of leaflets, posters and population in urban furniture was made.

Research, project management, training and implementation in the area of affective disorders, including depression and suicide prevention project: OSPI-Europe, "Optimization of suicide prevention programs and their implementation in Europe", 2008-2011 (www.ospi-europe.com); WHY "Why mental health youth" (2009-2012) in collaboration with Prof. Stan Kutcher of Dalhousie University; PREDI-NU, "Prevention of Depression and Improve awareness through information technologies", 2011-2014 (www.predi-nu.eu), funded by the CHAFAE; PSITRAIN, "Suicide prevention and improvement of integrated management of common mental illnesses: combined intervention psychoeducation for patients and training for family physicians" (2010-2013) in Faculdade de Ciências Médicas da Universidade Nova de Lisboa.

Certified trainer by the IEFP having exercised this function in suicide studies in secondary schools and in Maria Fernandes Resende Superior School of Nursing (2000-2005). Also in the project "The Adolescence and You", implemented in schools of the Lisbon district(2006); and in EAAD II project to social workers and psychologists with intervention in the community and caregivers of elderly, implemented in the municipality of Oeiras and Cascais (2008); also in OSPI Project-Europe, teachers, social workers, educational psychologists, security agents and nurses of primary health care implemented in the municipality of Amadora (2010-2011); in the project PSITRAIN (2012), nurses and psychologists of primary health care.

Performs clinical psychology in the area of affective disorders in adolescents and adults (from 2000 to present).