

# RICARDO GUSMÃO

Ricardo Duarte Miranda de Gusmão, Doctor, psychiatrist, Medicine Doctor. Psychiatry specialty (2006) - Faculdade de Ciências Médicas da Universidade Nova de Lisboa, had very good with Distinction and Honors with the thesis "Depression: detection, diagnosis and treatment. Study of prevalence and screening of depressive disorders in primary care".

Master's degree (for FCMUNL, 1997) with the thesis "Postnatal Depression: screening, frequency and predictive factors. Contributions to the secondary prevention in an Obstetrics service with a unit of Psychiatry". Degree in medicine from the University of Coimbra (1989).

Hospital career consultant in Psychiatry Hospital Medical Career (since 2007) and at the Centro Hospitalar de Lisboa Occidental with the functions of coordinator of the Community Mental Health Team of Cascais Adult Psychiatry Service (from 2013).

In terms of teaching activities is a Visiting Professor and Senior Researcher of the Institute of Public Health of the University of Porto (since February 2014). He teaches also as an Assistant Professor of Psychiatry and Mental Health Guest from Faculdade de Ciências Médicas da Universidade Nova de Lisboa (since 2007).

He started teaching as an Assistant while Academic Guest of psychopathology of Faculdade de Ciências Médicas da Universidade Nova de Lisboa in 1997.

In the context of teaching activities, guided and accompanied various theses and delivered hundreds of communications at scientific congresses and representative bodies of citizens such as the European Parliament.

He has published more than 40 articles in magazines with arbitration by pairs.

As premiums paid in 2007, as a founding member of the EAAD, received the First European Health Forum Award at the European Health Forum Gastein.

In 1998, won the prize for best Poster of the II Congress of the Portuguese Association of Liaison Psychiatry organised by the Portuguese Association of Liaison Psychiatry.

In 1995, won the best Oral Communication of the XII Days of Postgraduate Studies in Psychiatry, organized by the Internal Commission of Psychiatry.

He is the national coordinator of the European Alliance Against Depression (EAAD) in Portugal since 2003, founding member of the international society that has the same name since 2009 and founding member and President of EUTHYMIA from 2013.