

Inês Areal Rothes

Psychologist and Researcher, with a PHD in Psychology (2014) by the University of Porto, Faculty of Psychology and Educational Sciences (FPCEUP) with European Doctoral title and with the thesis "Suicidal behaviors: explanations, current practices and difficulties of health professionals and the impact of a patient suicide".

Master's Degree in Psychology (2006), branch of psychological intervention with children and adolescents, by the FPCEUP with the thesis "Youth suicide: social representations of doctors and psychologists". Degree in psychology from FPCEUP (1999) with curricular internship conducted in Santa Cruz do Bispo prison. Postgraduate course in Medical-Legal Sciences at Porto's IML and Portugal Medical-Legal Society.

Began her practice in drug addiction area, having exercised functions of psychologist and Technical Director in various projects and institutions in the area. Has training in Client-Centered Psychotherapy by the Portuguese Client – Centered Psychotherapy and Person-Centered Approach Society. Is a psychologist in the FPCEUP Query Psychology Service.

As a researcher is a member of the Psychology Centre at the Porto University since 2008. Under the doctorate, developed research on the impact of suicide on LUCAS Research Centre of the Faculty of Medicine of the KU Leuven. Two of her articles published in International Crisis and Life-threatening Suicide Behaviour were distinguished by Griffith University-Australian Institute of Suicide Research and Prevention-National Centre of Excellence in Suicide Prevention, as recommended reading and key, respectively.

In 2008 she received the best poster award in the 7th's Journeys on Suicide Behaviors organized by the Behaviors of Suicide Prevention Consultation (Coimbra's University Hospitals). She's a member of the Sociedade Portuguesa de Suicidologia (SPS) from 2011. Has various communications by invitation and other equity in important congresses in the area of Suicide, national and international. Has published a chapter in the national book - Suicídio e comportamentos autolesivos.

Trainer in Continuing Education Service Forming of FPCEUP and CRIAP where has developed work in the area of suicidal behaviors and health education. Is scientific coordinator of the postgraduate course in suicide and self injury behaviors (CRIAP and SPS). As teaching activities has taught as a guest lecturer at various institutions in bachelor, master and doctorate classes.