

Ana MargaridaTeixeira

Master in Clinical and Health Psychology (sub-area of specialization in Cognitive-Behavioral Intervention on Psychological Health Disorders) with the thesis "The shame and the centrality of his experience: the relationship to psychopathology" (19 values, Faculty of Psychology and Educational Sciences of the University of Coimbra, 2009).

Postgraduate course in Children and Adolescents Psychopathology: assessment and intervention

Research Assistant at the Catholic University of Portugal-Lisbon (since August 2014) and Teaching Assistant at biannual chair "Cross-cultural Management" of International Masters of the School of Business and Economics.

Research Assistant of the Fundação para a Ciência e Tecnologia (FCT) (2011-2013), Faculty of Medical Sciences, Universidade Nova de Lisboa (applicant Institution): Member of the research team of the project: PIC/IC/82737/2007-Psitrain: suicide prevention and improvement of integrated management of common mental illnesses: combined intervention psychoeducation for patients and training for family doctors.

Since 2008 she's engaged in research and intervention projects of a social nature, in particular, in the development of personal skills for entrepreneurship among youth groups, such as teachers or forming in collecting clinical specimen from interview of exploration of Experiências de Vergonha (Mandal & Pinto George, 2006), in the External Queries Service – Psychiatry Service of Hospitais da Universidade de Coimbra, among other projects.

Participates at congresses of the specialty with relief communications as "Suicide prevention and integrated management of common mental disorders in primary care: evaluation of non-medical professionals attitudes pre-and post-training.", III International Congress of the Portuguese Society of Mental Health Nursing, (2012, Universidade Católica Portuguesa-Porto), or "Psitrain study methodology: suicide prevention and integrated management of common mental disorders in primary care. Oral communication presented at the XI Symposium of the Sociedade Portuguesa de Suicidologia: Community and suicidal behaviors "– assess and prevent (2012, Viseu), among others.

Vice-President of the Cultural Section of the Associação Académica de Coimbra: Helpline-student (emotional helpline and suicide prevention)

